

VOYA FACIAL TREATMENTS

SELF DISCOVERY RADIANCE

This incredible facial uses the gentlest exfoliants, serums and masks, helping to transform your skin by purifying, nourishing and balancing it.

50 MIN. — 55€

ANTI-AGEING RESTORATIVE FACIAL

Suitable for all skin types, especially those seeking anti-ageing results. A blend of seaweed and botanical ingredients helps stimulate collagen production and reduce the appearance of fine lines and wrinkles. For immediately firmer, naturally glowing, radiant-looking skin.

80 MIN. — 89€

DELUXE FACIAL EXPERIENCE

The ultimate VOYA facial experience! Starts with a relaxing back massage, followed by a facial massage to deeply hydrate the skin, and the application of a dual-action face mask. It leaves the skin rejuvenated and hydrated, the appearance of wrinkles is reduced and the skin's texture is instantly plumped. This is the crème de la crème of Voya facial experiences.

80 MIN. — 95€

MARINE EYE TREATMENT

Using compresses of fresh seaweed hand-picked from the wild Atlantic Ocean, this is a unique treatment for tired eyes - refreshing and rejuvenating, it helps to eliminate puffiness and dark circles under the eyes! A firming, hydrating and results-oriented treatment, using specific products rich in seaweed extracts, green tea and vitamin C.

30 MIN. — 45€

ADD-ON 15 MIN. — 15€

VOYA BATHING RITUALS

LAZY DAYS DETOX SEAWEED BATH

This bathing ritual, done in the comfort of your own Hotel room, is the simplest and purest of all organic treatments! Immerse yourself in a bath of hand-picked organic seaweed from the wild Atlantic coast (*Fucus serratus*) to remove unwanted toxins and relieve pain. Certified by the Irish Organic Farmers and Growers Association, deeply moisturises the skin, increases circulation and promotes healing.

40 MIN. — 49€

VOYA ORGANIC SCRUBS

LUSCIOUS SALT GLOW

With Dead Sea salts and organic seaweed oil, moisturises the skin and stimulates blood and lymph circulation, while increasing radiance. Gently restores light to dull skin and improves its texture.

50 MIN. — 59€

LAVENDER AND SEAWEED SUGAR GLOW

A wonderful fragrant blend of organic lavender oil, seaweed and sugar with a double action: the sugar gently removes dead skin cells, while seaweed extracts and lavender essential oil have healing properties.

50 MIN. — 55€

STIMULATING SEAWEED BODY BUFF

The lightness of a complete exfoliation, from head to toe, with the stimulating algae formula *Fucus Vesiculosus*. This is the ultimate gift for tired, dull skin. The antioxidants naturally present in this alga, combined with Voya's signature algae massage oils, are the most effective way to restore your skin's healthy, radiant appearance.

50 MIN. — 69€

VOYA ORGANIC WRAPS

SEAWEED LEAF WRAP

This detox therapy uses strips of fresh, real, organic seaweed to wrap around the entire body. Starting with an algae scrub, this treatment deeply detoxifies, firms and softens the skin and is also an excellent complement to weight loss programmes. The whole body is covered with strips. The treatment is completed with the application of moisturizing cream.

80 MIN. — 99€

TANGLE ME UP BODY WRAP

Hydrates and relaxes tired and lethargic muscles, relieving stress and fatigue. It also tones and firms the skin, helping against signs of ageing and cellulite. Includes a full body dry scrub to increase circulation and aid penetration of the powerful algae gel.

50 MIN. — 69€

MEIRASPA

VOYA MASSAGES

VOYAGER MESSAGE JOURNEY

A complete head-to-toe relaxation massage that includes scalp massage, facial massage, stretches and body massage. With movements that replicate the swell of the sea, it combines gentle touches with stimulating ones. The ultimate luxury pain relief treatment, tailored to the client's individual needs.

For this journey choose from:

Revitalising — Angelicus Serratus

Relax — Mindful Moments

Muscle — Serenergise

80 MIN. — 79€

MEIRASPA LOCALISED MESSAGES

CRANIOFACIAL

Focused on the face and scalp will help relieve tension. A serum based with seaweed ingredients will help restore brightness and hydration to your skin.

30 MIN. — 35€

BACK

Localised to the back, neck and shoulders where a fusion of multiple techniques will provide a relief of muscle tension.

30 MIN. — 35€

LEGS

Uses different techniques to provide a feeling of lightness and well-being, helping to activate circulation.

30 MIN. — 35€

FOOT

This massage begins with a foot wash using sea salts, which will help relieve tension and activate blood circulation. The goal will be to stimulate, refresh and decongest tired and sore feet.

30 MIN. — 35€

MEIRASPA SIGNATURE TREATMENTS

SIGNATURE MESSAGE

Using natural ingredients, is a unique journey accompanied by a sea breeze. A massage that stimulates circulation, toning and firming your body. Ideal for restoring your energy balance and promoting deep relaxation. Discover lasting benefits for body, mind and soul.

You can choose between:

Relaxation massage

Muscle massage

50 MIN. — 55€

COMPLEMENT WITH:

— **Hot Baltic Stones**

Recommended for muscle contractures and a general feeling of well-being. The basalt stones can gently maintain heat, stimulating circulation and triggering an antioxidant action.

— **Pinda Bags**

The use of pindas (steam-heated bags with a combination of essential oils, seaweed extracts and other natural ingredients) will help relieve stress, while exfoliating and moisturizing your skin. Promote your body's energy balance!

+ 30 MIN. — 20€

PRE-MOM

This is a special treatment for pre and post birth. Composed by two moments: a body scrub and a heated pinda bag massage. All techniques and products were chosen to care and regenerate the skin in such a precious fase.

Result: luminous moms.

80 MIN. — 95€